Courses Offered:

- Opticals Technical Course
- Opticals Management Course
- Optometry Training for Optometrists

Eligibility for Students

- Minimum qualification: SSLC / 10th pass
- Suitable for: School leavers, Opticals staff, Anyone planning optical business
- Optometry training only for optometrist freshers

Opticals Technical Course
– Syllabus

Course duration: 3 months
Technical Modules

- Basics of Optics
- Lens types (Single vision, Bifocal, Progressive)
- Lens materials (CR-39, Polycarbonate, Blue cut, Photochromic)
- Frame materials & fitting
- Lens surfacing & edging
- PD measurement & centration
- Common dispensing errors
- Spectacle adjustments & repairs
- Sales techniques

Opticals Management Course
– Syllabus

Course duration: 3 months
Management Modules

- Equipment selection
- Vendor & brand management
- Pricing & profit calculation
- Inventory management
- Customer handling & counselling
- Sales techniques
- Billing, GST basics
- Marketing (local + digital)

Teaching Method

- Theory (30%)
- Practical training (50%)
- Internship / shop exposure (20%)

Optometry training for Optometrists

– Syllabus

Course duration: 3 months

Training Modules

- Introduction to spectacle frame, lens and contact lens brands
- Spectacle dispensing
- Contact lens dispensing
- PD measurement & centration
- Customer handling & counselling

Faculty

S.A.Salahudeen

Sr. Optometrist and Contact lens specialist (formerly)
Dept of Ophthalmology, Govt Medical College, Kozhikode

Infrastructure

- Classroom
- Trial frames & lens sets
- Manual edging machine / demo unit
- PD meter
- Sample frames & lenses
- Computer for billing demo

CITY INSTITUTE OF OPTICALS TECHNOLOGY & MANAGEMENT
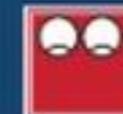
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